

112/Result

'Result' means outcome of our action. Waiting for the result is more frustrating than result itself. Friends, I am sure that you will be surprised with the topic. But recently, I underwent such experience and this article is the outcome of that waiting.

Few months back, my wife underwent a minor surgery. She was requested to get admitted in the hospital early morning and doctor promised to discharge her by night if every thing is fine. She was operated early morning by 7.30 am. Operation lasted for about 15 minutes. She was transferred to the room for a rest. Doctor gave me the 'polyp' in a glass bottle and requested to send it to Pathological Laboratory for testing to rule out possibility of a cancer. I was told by the Pathological Laboratory that report of the sample will be available after a week. My waiting period full of tension commenced. **This long wait of one week prompted me to give way to my thoughts.**

In fact we await results every minute, every hour, every month in fact every movement from birth till death. Confused? Before we are born, our parents undergo through the similar mental agony about safe delivery, then whether a boy or a girl etc.

There are many actions for which we get result immediately. e.g. when we step out of residence in the morning for going to office, first thought is of getting a auto rickshaw or a bus to reach the station. You get bus or rickshaw and your anxiety ends. Then another result starts count down namely whether you will get your regular train, whether you will get seat, whether train will reach in time, whether you will get late mark etc. Every movement we come across number of questions or problems and series of results follow simultaneously. However for some results the **waiting period is more** such as examination.

Whenever the waiting period is more for the result, it creates uneasiness or tension for a person. More so when it is **related to the health.** For an examination or a job, there can always be next time but for health issues, there may not be next time. If you have taken necessary efforts (done your karma well) then one need not worry. e.g. a student who has studied well and given the examination confidently does not bother for the result because it may be matter of slight variation of percentage but the basic outcome will be positive. I have successfully given many professional examinations without any tension. **Whenever result will be positive, you may not mind having a long wait for the same.**

This does not hold good for medical reports. Many times a well disciplined person falls sick. But that is part of **fate**.

I was analysing the reasons for my getting afraid of the result. i.e pathological report of my wife. Whether it was **fear of death? Probably not**. Every living person has to say good bye. **Death is the ultimate station of our long journey** which starts from our birth. The main reason was the mental agony which all of us would face in the process. Fortunately there was no financial tension. But inspite of further treatment, the sword would be hanging. **I have spent my childhood below such hanging sword of my father's ill health**.

One can think philosophically that **this life is for repayment** and unless you do that, there is no escape. There is no point in asking the question as to **why me?** After all God knows what is best for you. **God does not give what you ask for. At the same time, God does not deprive you just because you have not prayed.**

Now **how to face the result?** You must **accept the result** without any doubt, blame. Find out what can be done? Whether you have the necessary resources for the action? Then **take action**. It is said that for every action, there is reaction. But this instant reaction at times brings more stress. **You should 'respond' to the action rather giving reaction**. Just try this next time whenever you are confronted. Your attention is invited to Spandane Article no.71 namely ABJ-TTP/P technique.

Finally a week long wait was over. **Report was normal**. The **experience taught** yet another **characteristic of LIFE**. It is a long journey from birth to death of various actions, reactions, responses awaiting results all the time. **If you are successful in keeping your mind cool, whether the waiting is short (for a bus, train) or long (recovering from the disease), then you are lucky.**

My best wishes for your Results!!!!!!

Do share your observations on the subject with me on **spandane2008@gmail.com**.

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