

Physical Examination	Sr. No.
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Name					
Sex	M / F	Age		Marital Status	B / S / M / W
Occupation				Date	

		Observation	
1.0	General:		
1.1	Weight (Kg)		
1.2	Height (Cms)		
1.3	Body frame		
2.0	Temperature (F)		
3.0	Eyes:		
3.1	Conjunctiva	See below	
	➤ Pinkish red/Pale looking / Abnormally red		
3.2	Upper Sclera	See below	
	➤ Glistening white/Lemon yellow/ Orange yellow/Greenish yellow		
4.0	Nails	Pinkish /Pale	
5.0	Feet		
5.1	Puffy appearance of the ankles?	Yes / No	
5.2	Local /General		
6.0	Pulse:		
6.1	Pulse - Rhythm	Regular / Irregular	
6.2	Pulse - Rate		
7.0	BP:		
7.1	BP - Systolic		
7.2	BP - Diastolic		
8.0	Chest:		
8.1	Chest - Rhythem	Regular / Irregular	
8.2	Lunges - LS-1	N/W/B	
8.3	Lunges - LS-2	N/W/B	
8.4	Lunges - LS-3	N/W/B	
8.5	Lunges - RS-1	N/W/B	
8.6	Lunges - RS-2	N/W/B	

